

THE CONNECTICUT HOSPICE

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PATIENT SERVICE OFFICES

**BRANFORD OFFICE**  
The Connecticut Hospice, Inc.  
100 Double Beach Road  
Branford, Connecticut 06405  
In Patient: (203) 315-7500  
Home Care: (203) 315-7687

**NORWALK OFFICE**  
1 Park Street  
Norwalk, Connecticut 06850  
Home Care: (203) 847-9210

**SHELTON OFFICE**  
680 Bridgeport Avenue  
Shelton, Connecticut 06484  
Home Care: (203) 944-0900

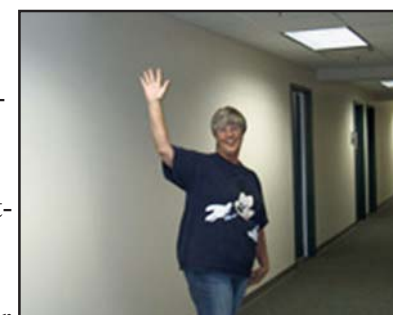
**FARMINGTON OFFICE**  
270 Farmington Avenue  
Suite 235  
Farmington, Connecticut  
06032  
Home Care: (860) 674-1723

**WALLINGFORD OFFICE**  
110 Barnes Road  
Wallingford, Connecticut  
06492  
Home Care: (203) 294-9320



## Farmington Office Makes a Move

The Connecticut Hospice Farmington office has a new change of scenery these days. On September 29, 2006 they made an epic journey down the hall to a larger suite, affectively doubling their space. This comes as a welcome improvement to the staff there. The number of patients / families they have been seeing daily has increased dramatically over the last year. With the new space they will not be bursting at the seams and will have the added luxury of a conference room in the new suite. Medical leadership IDT provided by none other than our very first fellow from The Conn. Hospice / UConn School of Medicine Palliative Fellowship, Madhuri Vithala, M.D. For more information or to offer volunteering or support please contact Clinical Supervisor, Nancy Baranowski, R.N. (860) 647-1723.



Clinical Supervisor, Nancy Baranowski, RN, waves goodbye to the old suite and hello to the new at the Farmington office. The move makes way for more space for both patients and staff.

Address Service Requested

100 Double Beach Road  
Branford, Connecticut 06405

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06405-4096



### Gift Shop News!

Please excuse the appearance of the gift shop. It is currently under construction through the leadership of Volunteer Peg Kaiser, Helen Shea and Dottie Stenger.

Dr. Wen-Jen Hwu, M.D.,Ph.D., Professor of Medicine shall be in residence here for two weeks. Many activities are planned for the medical staff and interdisciplinary team. A long time and passionate friend of The Connecticut Hospice will be her host while she is here with us.

### Hospice Happenings Needs You!

If you have a story to tell, Hospice Happenings wants to know.  
Please submit story ideas or contributions to [JStanley@hospice.com](mailto:JStanley@hospice.com)

### Rick Rides Again: 3rd Annual Ride for Rick Raises Money for Conn. Hospice

The third annual Ride for Rick took place Saturday September 30<sup>th</sup> 2006. This year more than 75 riders took place in a scenic ride through Litchfield County to raise money for three charities, Conn. Hospice, Cooper's Troopers, and the Rick Moisan Memorial Scholarship Fund. This year there was also a 5K road race included as well. Overall there were more than 500 participants, from riders, runners and volunteers.

The Ride for Rick, which was first held in 2004, was the brainchild of Rick Moisan's then-fitness trainer, Eric Hodska, of Monroe, Conn. Hodska is a five-time all-American Triathlete who has competed in numerous triathlons as well as the Ironman Triathlon Championships several times. Hodska trained Rick to compete in two Ironman events, as well. At the time the Ride was created, Rick was battling cancer with chemotherapy and radiation, and wanted a vehicle

to draw attention to the deadly disease. Rick passed away in February of 2005. Last year Ride for Rick raised \$15,000 for Conn. Hospice, they hope to top that this year.



Hundreds gathered at the event to show their support for the charities.

## Dance Classes here at Hospice

In preparation for the Recognition and Holiday Celebration with 'Dancing Under the Stars,' Dance Instructor, Piers Stonehart, lessons will be given at Connecticut Hospice for the next five weeks every Wednesday from 4:30 - 5:30 p.m. Open to All.

**Wednesday, Oct. 11th, 18th & 25th**  
**Wednesday, Nov. 1st & 8th**

Thank you.



Betsy Moore, B.S.N., Head Nurse of the Monestary Infirmary, and Dance Instructor, Piers Stonehart share a dance at the Wednesday dance class.

Please join us for Connecticut Hospice's

## Wellness Empowerment Program

### FIRE: Reviving our Energy

**THURSDAY, October 26, 2006 | 12:30 - 4:30PM**

**Connecticut Hospice | 100 Double Beach Road | Branford**

This Program of complimentary therapies is offered for our **Hospice** and **Can Support** patients and their families to assist them in the healing/coping journey. Our supportive environment and qualified caregivers can help improve the quality of your day. Join us for lunch from 12:30-1:00PM.

This program is open to all Homecare and In-Patient patients and families.

**Complimentary Therapies:** Reiki, Storytelling, Sound and Image Therapy, Breathing Awareness and Control, Music and much more!

**Please RSVP** to your primary care nurse at your Home Care Office or to Soozie Flannigan R.N., M.S.N., A.P.R.N., at 203-944-0900. If you need transportation or assistance with special needs, just let us know.

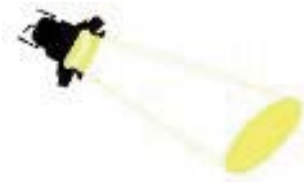
## Tree of Life



Paul Giamattei and Richard Jackson, Building Services, worked diligently on breathing new life into the Tree of Life. The frame was donated by Mark Cosgrove. Look for more about the Tree of Life soon.



October 5, 2006



## Spotlight

### Oncology and Palliative Care

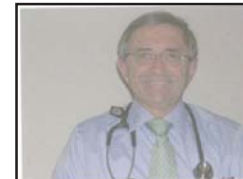
Drs. Wen-Jen Hwu, Anthony Coscia, Fredrick Flatow and Lisa Rome are four board certified medical oncologists who are members of the **Connecticut Palliative Physicians Group<sup>SM</sup>**. With the exception of Dr. Hwu, all regularly provide palliative care at the Connecticut Hospice palliative hospital and its five home care offices throughout the state. All four physicians feel strongly about the need for ongoing cancer research, and also realize, despite the major advances in more effective, less toxic therapeutic interventions, there are some patients who require the newest palliative care therapies for pain and symptom control in order to experience maximum quality of life.



**Wen-Jen Hwu, M.D., Ph.D., Professor of Medicine**, her research, principally in melanoma medical oncology, has had extensive involvement in clinical cancer research at three academic cancer centers including being a member of the academic faculty at Yale University School of Medicine, Weill Medical College of Cornell University, and now at The University of Texas MD Anderson Cancer Center. She is on the Board of the Connecticut Hospice, Chairman of the Professional Advisory Committee and past Medical Director of Connecticut Hospice.



**Anthony Coscia, M.D.** has had a long career in delivering community-based medical oncology services to the Norwalk, Connecticut area. In addition, his many community services included his role as Founder and First President of Hospice; President of the Southern Fairfield County chapter of the American Cancer Society; Founding Secretary and Treasurer of the Connecticut Oncology Association, a state-wide professional organization of oncologists and allied health care personnel; and was a motivating force for the creation of the Whittingham Cancer Center at Norwalk Hospital. Dr. Coscia has had more than 32 years as an oncologist in private practice and is a part time physician at the Connecticut Hospice in Branford.



**Fredrick Flatow, M.D., F.A.C.P.** has over 15 years of experience at the Connecticut Hospice palliative hospital, providing both direct patient services as well as mentoring a wide variety of health care professionals. He developed an interest in hospice care becoming a charter member of the Association of Hospice Physicians and an advisor to a small local hospice organized by the VNA. After 24 years of practice, he moved back to Connecticut and joined the staff of the Connecticut Hospice in Branford in 1991, leading to his position as Medical Director. Caring for patients and families in the Hospice setting, teaching these skills to medical students and sharing responsibilities with the many wonderful colleagues on the interdisciplinary team are very important to him. These subsequent years have been as rewarding, as any, in his medical career.



**Lisa Rome, M.D.** has a long-standing relationship with The Connecticut Hospice. She is a Clinical Instructor in Medicine at Yale University and a board certified oncologist. She has had training and experience in clinical research and is currently involved with prostate cancer research, including efforts to modify the development of bone metastasis. She has over 15 years of experience at Hospice, as the medical leader in the home care teams, participating in home care evaluations and visits. In addition, she serves as an Associate Medical Director of the Connecticut Hospice. Most recently she has provided medical consultant services to the Shelton and Branford offices where she participates in the interdisciplinary conferences and provides teaching in a variety of oncology topics as well as pain management.

